

Hyderabad Declaration on Adolescent Health & Well-being



A NATIONAL COMMITMENT BY INDIA'S PROFESSIONAL ASSOCIATIONS

Released on 12th July 2025 during the Silver Jubilee Zonal Conclave on Adolescent Health, organized by the Indian Academy of Pediatrics, in association with the IAP Adolescent Health Academy, and held during a panel discussion technically supported by UNICEF and the State Adolescent Health Resource Centre, Andhra Pradesh, AIIMS Mangalagiri, at Hyderabad.

This declaration is an outcome of a collaborative initiative envisioned and coordinated under the leadership of the Indian Academy of Pediatrics (IAP) through its Adolescent Health Academy. It has been developed through wide-ranging consultations with representatives from the World Health Organization (WHO), the United Nations Children's Fund (UNICEF), the United Nations Population Fund (UNFPA), who share a collective vision for adolescent health and well-being in India.

We the undersigned, today affirm our collective commitment to adolescent health & development and resolve to-

- ✓ **Observe 18th of every month as the Adolescent and Youth Wellness Day** and undertake activities to promote adolescent health & wellbeing. The activities will continue throughout the week, and extend from 18th to 25th of every month to expand the reach to maximum adolescents.
- ✓ Encourage our members to **volunteer on the 18th of every month for Youth Wellness Day Activities** at nearby anganwadi centres, schools, colleges, universities, Adolescent Friendly Health Clinics (AFHCs), etc
- ✓ Focus **on priority areas** for adolescent health such as Reproductive & Sexual Health (including sexual wellness, teenage pregnancies & HIV/ RTI/ STI), Immunization, Preconception Wellness, Metabolic Wellness & Prevention of Non-Communicable Diseases, Mental Health & Psychosocial Well-being, Digital Wellness, Road Safety, etc in line with attached annexure.
- ✓ Develop **adolescent - responsive technical resources** (as required) and **build capacities** of our members to raise awareness and offer Adolescent friendly health services among adolescents on above priority areas.
- ✓ Promote **adolescent engagement** via platforms such as social media/adolescent centric apps/websites.
- ✓ Encourage **healthcare facilities/institutions associated with us to undertake adolescent wellbeing activities** such as Dedicated Adolescent Health and Wellness Clinic/OPD, expanding OPD/IPD services of existing pediatric departments - upto 18 years with focus on multi disciplinary care involving OBGYN, PSM, psychiatry, skin etc.
- ✓ Establish **Adolescent Health Resource Centres** in Medical colleges in collaboration with State Governments.
- ✓ **Promote Research, Documentation & Evidence Based Practices:** Initiate and support research initiatives aimed at strengthening adolescent health interventions. Include articles/special Blogs/write-ups on adolescent health & development in official journals. Develop annual reports/newsletters on evidence best practices/activities undertaken and share with all stakeholders. Advocate for Adolescent Health & Development at **Annual Conferences**.
- ✓ **Collaborate for Action:** Collaborate for action on this joint declaration with all government and non - government partners involved and strive for adolescent health & Well-being. Nominate one nodal officer who will be responsible for implementation and coordination of the declaration for the coming 3 years, after which the declaration may be revisited.
- ✓ Respect and **promote the rights of adolescents** to health, education, protection, and participation.

We believe that through this collaborative and coordinated effort, steered by the IAP and strengthened by multi-sectoral partnership, we can considerably advance adolescent health and development, thereby contributing to improved maternal and child health and accelerating India's progress toward achieving the Sustainable Development Goals, particularly SDG 3 (Good Health and Well-being).

Jointly endorsed by the Presidents of the following professional associations, this unified commitment aims to collectively reach and empower one million adolescents by December, 2026 driving change through collective leadership and unified efforts".



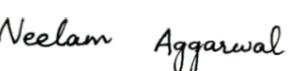
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